

# RE-FORMULATING THE OLD TRETINOIN: UNIQUE MICROENCAPSULATED TRETINOIN WITH MICROENCAPSULATED BENZOYL PEROXIDE COMBINATION PRODUCT FOR ACNE VULGARIS

Hilary Baldwin, MD<sup>1</sup>; Omar Noor, MD<sup>2</sup>; J.M. Jackson, MD<sup>3</sup>; Guy Webster, MD<sup>4</sup>; Maya Erlich, PhD<sup>5</sup>; Krysten Lisella Arekapudi, FNP-C, DNP<sup>6</sup>; James J. Leyden, MD<sup>7</sup>

<sup>1</sup>The Acne Treatment & Research Center, Brooklyn, NY; <sup>2</sup>Rao Dermatology, New York, NY; <sup>3</sup>University of Louisville, Louisville, KY;

<sup>4</sup>Jefferson Medical College, Landenberg, PA; <sup>5</sup>Sol-Gel Technologies, Ness Ziona, Israel; <sup>6</sup>Galderma US, Dallas, TX; <sup>7</sup>University of Pennsylvania, Philadelphia, PA

## INTRODUCTION

- Topical tretinoin was approved by the United States Food and Drug Administration (FDA) in 1971 for the treatment of acne
- The American Academy of Dermatology (AAD) and Global Alliance to Improve Outcomes in Acne (Global Alliance) recommend the use of a topical retinoid alone or in combination with benzoyl peroxide (BPO) as first-line treatment of all severities of inflammatory and non-inflammatory acne<sup>1,2</sup>
- Historically, tretinoin use within acne has been limited by poor tolerability and molecular instability<sup>3,4</sup>
- Tretinoin 0.1% has a higher rate of irritant adverse events (AEs) than lower concentrations of tretinoin
- When used concurrently with benzoyl peroxide (BPO), the unencapsulated tretinoin molecule is unstable and is oxidized by the BPO
- New technology may allow tretinoin use in patient populations and clinical situations that were previously not feasible<sup>5</sup>

### Tretinoin Use in Clinical Practice

- Acne and acne sequelae
  - Tretinoin is comedolytic and anti-inflammatory<sup>6</sup>
  - Tretinoin has shown significant clinical improvement in inflammatory acne and decreases comedones<sup>7</sup>
- Preadolescent patients
  - Three tretinoin products have FDA approval for preadolescents: tretinoin 0.05% gel (≥10 years of age), tretinoin 0.05% lotion (≥9 years of age), and a combination cream containing silica-microencapsulated 0.1% tretinoin with 3% BPO (≥9 years of age)<sup>8-10</sup>
  - Data from 4 pivotal studies evaluating tretinoin in preadolescent subjects show high efficacy, good tolerability, and no new safety signals<sup>11-13</sup>

- American Academy of Dermatology and American Academy of Pediatrics evidence-based guidelines note that tretinoin and BPO can be safely used for acne management in preadolescent patients<sup>2,14</sup>
- Patients with skin of color
  - An 8-week study of 27 Black subjects with acne showed a significant decrease in papules, pustules, and hyperpigmentation in 83% of subjects treated with tretinoin 0.025% cream compared with a 13% reduction with vehicle. In this study, skin irritation and inflammation were comparable with active treatment and vehicle<sup>15</sup>
  - A post-hoc analysis of 308 Black, 69 Asian, and 766 Hispanic subjects treated with tretinoin 0.05% lotion found it was effective, safe, and well tolerated for the treatment of acne with a low incidence of reported adverse events<sup>16-18</sup>

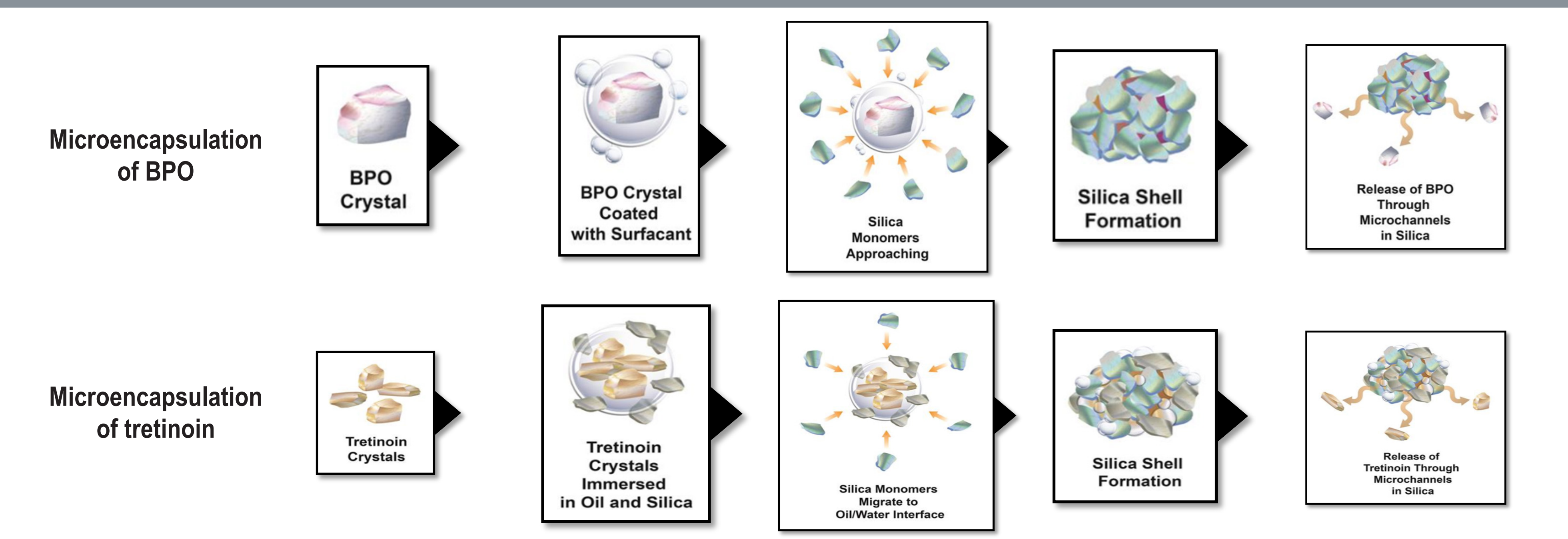
### Role of Tretinoin in Limiting Antibiotic Use

- If topical or oral antibiotics are necessary to treat acne, the AAD guidelines recommend antibiotic use for a maximum of 3-4 months and a concomitant retinoid<sup>2</sup>
- The AAD recommends a topical retinoid as first-line treatment of acne of all severities and after completion of antibiotic therapy as maintenance therapy<sup>2</sup>
- One study found that monotherapy with a topical retinoid had similar efficacy to a topical retinoid plus oral minocycline, after 12 weeks of maintenance therapy<sup>19</sup>
  - After 24 weeks of treatment, >80% of subjects in each group maintained a ≥50% global improvement in acne from baseline

## OBJECTIVE

- Determine if a re-formulated combination of microencapsulated tretinoin 0.1% and microencapsulated BPO 3% (E-BPO/T) provides a stable and well tolerated product

Figure 1. Process of Microencapsulation for BPO and Tretinoin<sup>24</sup>



### Historical Limitations of Unencapsulated Tretinoin

- Unencapsulated tretinoin use has historically been limited by cutaneous tolerability issues (ie, dryness, peeling, scaling, erythema, pruritis, pain)<sup>2,3</sup>
- Tretinoin can increase sun sensitivity and it is therefore recommended to avoid sun exposure and/or wear sunscreen/sun-protective clothing while using tretinoin<sup>20,21</sup>
- Unencapsulated tretinoin is unstable and rapidly degraded in the presence of light<sup>4</sup>
- Unencapsulated tretinoin is easily oxidized by BPO, reducing effectiveness.<sup>22</sup> This is problematic since a topical retinoid plus BPO is recommended as first-line treatment of inflammatory and noninflammatory acne of all severities<sup>2</sup>
- Historically, concurrent use of tretinoin and BPO has not been possible; the products need to be applied at different times potentially reducing compliance<sup>2,23</sup>

### Tretinoin Encapsulation Technology

- The Sol-Gel process allows microencapsulation of active drug molecules within a silica-based shell. This extends drug release time and may reduce skin irritation while enhancing efficacy<sup>13,24</sup> (Figure 1)
- The Sol-Gel process controls the release rate of the active ingredient to the skin
- Encapsulation technology allows, for the first time, a chemically stable fixed-dose combination of tretinoin and BPO for acne treatment

## METHODS

- E-BPO/T cream combines microencapsulated tretinoin 0.1% and microencapsulated BPO 3%
- Tretinoin crystals and BPO crystals are separately encapsulated in silica core shell structures, enabling inclusion of both actives in one cream<sup>10</sup>
- Silica shells control the rate at which the active ingredients are released, allowing efficacy while helping to reduce AEs and optimizing tolerability<sup>13</sup>

Table 1. Phase 3 Trials Efficacy Results<sup>10</sup>

	Study 1		Study 2	
	E-BPO/T Cream (N=281)	Vehicle (N=143)	E-BPO/T Cream (N=290)	Vehicle cream (N=144)
IGA success*	39.9%	14.3%	26.8%	15.1%
95% CI	17.1%, 34.2%		3.6%, 19.7%	
Mean absolute change in IL from baseline†	-21.6	-14.8	-16.2	-14.1
95% CI	-9.1, -4.6		-3.9, -0.4	
Mean absolute change in NIL from baseline†	-29.7	-19.8	-24.2	-17.4
95% CI	-13.0, -6.8		-9.9, -3.7	

CI = confidence interval; IGA = Investigator's Global Assessment; IL = inflammatory lesion; NIL = noninflammatory lesion. \*IGA success was defined as an IGA score of 0 ("clear") or 1 ("almost clear") with at least a 2-grade reduction from baseline. †Means presented are least square means.

Figure 2. Subject Treated with E-BPO/T in Clinical Study



## RESULTS

- Two Phase 3, multicenter, double-blind, randomized studies of once daily application of E-BPO/T cream (n=571) or vehicle cream (n=287)
- E-BPO/T was found superior to vehicle on Investigator's Global Assessment (IGA) success rate, absolute mean change in inflammatory lesions (IL), and absolute mean change in non-inflammatory lesions (NIL) from baseline to Week 12 (Table 1)
  - IGA success became significant at Week 8; mean NIL reduction was significant at Week 2 in both studies
- Nearly all AEs were mild or moderate in severity (Table 2)
- Mean tolerability parameters (including erythema, dryness, scaling, pigmentation, itching, burning, and stinging) of both E-BPO/T and vehicle stayed below 1 (scale of 0-3) and were not statistically different. Erythema, scaling, and dryness all peaked below mild at Week 2, and then decreased in severity

Table 2. E-BPO/T Phase 3 Trials<sup>10</sup> Tolerability Assessment Results at Week 12

Percent	Study 1			Study 2		
	Mild	Moderate	Severe	Mild	Moderate	Severe
Erythema	33.0	6.9	0.2	26.9	8.0	0
Pigmentation	27.3	6.3	0.4	26.5	4.5	0
Dryness	22.3	5.3	0.4	16.7	2.3	0
Scaling	16.4	2.6	0	12.9	0.8	0
Burning	5.9	2.2	0	3.4	0.8	0
Itching	11.1	1.8	0	8.7	2.7	0
Stinging	5.3	0.2	0	1.9	1.1	0

## SUMMARY

- E-BPO/T is a combination of microencapsulated tretinoin 0.1% and microencapsulated BPO 3% that is FDA approved for once daily use in patients ≥9 years of age for the treatment of acne
- Unique microencapsulation technology enables combining BPO 3% and tretinoin 0.1% into one cream for concurrent use of both actives for acne treatment with a manageable tolerability profile

## REFERENCES

1. Thiboutot DM, Dréno B, Abarni A, et al. Practical management of acne for clinicians: An international consensus from the Global Alliance to Improve Outcomes in Acne. *J Am Acad Dermatol*. 2018 Feb;78(2 Suppl 1):S1-S23.e1.
2. Zaenglein AL, et al. Guidelines of care for the management of acne vulgaris [published correction appears in *J Am Acad Dermatol*. 2016;74(5):945-73.e33]. *J Am Acad Dermatol*. 2003 Sep;49(5):558-62.
3. Balwin HE, Nephand M, Kendall C, et al. 40 years of topical tretinoin use in review. *J Drugs Dermatol*. 2013 Jun;12(6):538-42.
4. Simon B. Further trials based on topical therapy. *J Invest Dermatol*. 2003 Sep;121(3):358-61.
5. Laffer G, Grace JE, Mohammed Y, et al. Targeted Topical Delivery of Retinoids in the Management of Acne Vulgaris: Current Formulations and Novel Delivery Systems. *Pharmaceutics*. 2019 Sep;11(10):490.
6. Leyden JJ, Shalita A, Thiboutot D, et al. Topical retinoids in inflammatory acne: a retrospective, investigator-blinded, vehicle-controlled, photographic assessment. *Clin Ther*. 2005 Feb;27(2):216-24.
7. Alarim. Prescribing information. Valeant Pharmaceuticals North America. Revised August 2014. Accessed May 1, 2022. [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2014/022007s002b.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2014/022007s002b.pdf)
8. Alarim. Prescribing information. Valeant Pharmaceuticals North America. Revised August 2014. Accessed May 1, 2022. [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2014/022007s002b.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2014/022007s002b.pdf)
9. Alarim. Prescribing information. Valeant Pharmaceuticals North America. Revised August 2014. Accessed May 1, 2022. [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2014/022007s002b.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2014/022007s002b.pdf)
10. Leyden JJ, Shalita A, Thiboutot D, et al. Microencapsulated Benzoyl Peroxide and Tretinoin for the Treatment of Acne Vulgaris: Results from a Phase 2 Multicenter, Double-Blind, Randomized, Vehicle-Controlled Study. *Skinmed*. 2020 Dec;18(10):943-51.
11. Eichenfield LF, Malic C, Funk A, et al. Study of the efficacy and tolerability of 0.04% tretinoin microsphere gel for preadolescent acne. *Pediatrics*. 2010 Jun;125(6):1316-23.
12. Webster GF, Sugerman J, Liny-Hocham O, et al. Microencapsulated Benzoyl Peroxide and Tretinoin for the Treatment of Acne Vulgaris: Results from a Phase 2 Multicenter, Double-Blind, Randomized, Vehicle-Controlled Study. *Skinmed*. 2020 Dec;18(10):943-51.
13. Eichenfield LF, Krakowski AC, Piggott C, et al. American Acne and Rosacea Society. Evidence-based recommendations for the diagnosis and treatment of pediatric acne. *Pediatrics*. 2013 May;131 Suppl 3:S163-86.
14. Balwin HE. The role of retinoids in the management of cutaneous conditions in blacks. *J Am Acad Dermatol*. 1996 Aug;35(2 Pt 3):108-103.
15. Shalita A, Wenzel WF, Cook-Bolton FE, et al. Tolerability of tretinoin 0.05% for moderate to severe acne vulgaris: a post hoc analysis in a black population. *Cutis*. 2020 Jul;106(1):45-50.E1.
16. Cook-Bolton FE, Wainke SH, Guan E, et al. Novel Tretinoin 0.05% Lotion for Once-Daily Treatment of Moderate-to-Severe Acne Vulgaris in a Hispanic Population. *J Drugs Dermatol*. 2019 Jan;18(1):32-38.
17. Han S, Armstrong BK, Shalita AR, et al. Novel Tretinoin 0.05% Lotion for the Once-Daily Treatment of Moderate-to-Severe Acne Vulgaris in an Asian Population. *J Drugs Dermatol*. 2019 Sep;18(9):910-916.
18. Leyden JJ, Thiboutot DM, Shalita AR, et al. Comparison of tazarotene and minocycline maintenance therapies in acne vulgaris: a multicenter, double-blind, randomized, parallel-group study. *Arch Dermatol*. 2006 May;142(5):605-12.
19. Webster GF. *Rawlings AV, eds. Acne and Its Therapy*. CRC Press; 2007.
20. Zaenglein AL. Topical retinoids in the treatment of acne vulgaris. *Semin Cutan Med Surg*. 2008 Sep;27(3):177-82.
21. Cope LR, Broussard A, Marshall MD. Acne Vulgaris: Diagnosis and Treatment. *Am Fam Physician*. 2019 Oct;100(10):475-484.
22. Dal Rosso JQ, Pilla R, Moore R. Absence of Degradation of Tretinoin When Benzoyl Peroxide is Combined with an Optimized Formulation of Tretinoin Gel (0.05%). *J Clin Aesthet Dermatol*. 2010 Oct;3(10):26-8.
23. Erlich M, Avin E, Koltman N, et al. Structure elucidation of silica-based core-shell microencapsulated drugs for topical applications by cryogenic scanning electron microscopy. *J Colloid Interface Sci*. 2020 Nov;579:776-785.
24. Galderma data on file.